

2026 WEST END WORKSHOP TEA DANCE

CUTTY SARK (J8x32) 3C (4C set)

RSCDS Book 40

- 1- 8 1s cast down own sides & cast back to 2nd place (2s step up 3-4).
- 9-16 2s+1s dance RH across & LH back.
- 17-24 1s turn RH to face 1st corners, turn 1st corner LH, turn 2nd corner RH & cross LH to 2nd place, own side.
- 25-32 2s+1s+3s Adv+Ret & turn RH to end 2 1 3.

THERE AND BACK (R8x32) 3C (4C set)

Roy Goldring G & S Dances 3

- 1- 8 1s dance figure of 8 round 2s.
- 9-16 1s cross down to dance reels of 3 on opposite sides.
- 17-24 1s cross down to dance reels of 3 on own sides.
- 25-32 1s dance down between 3s & cast up to 2nd place, 2s+1s+3s turn RH.

THE GOLDEN YEARS (S8x32) 3C (4C set)

Nora Sutherland RSCDS Book 48

- 1- 8 1s cross RH, cast. 1s turn RH once round finishing in allemande hold while 2s+3s set & turn RH 1/2 way into allemande hold, all couples facing down.
- 9-16 2s+1s+3s dance allemande finishing on opposite sides (3) (1) (2)
- 17-24 3s+1s+2s set+link finishing in lines across; All turn dancer opposite 2H once round.
- 25-32 2s+1s+3s set+link; 2s+1s+3s turn partners 2H once round.

THE YORKSHIRE ROSE (J8x32) 3C (4C set)

RSCDS Book 54

- 1- 8 1s+2s+3s set & cross RH, repeat back to places.
- 9-16 1s lead down the middle then lead up to 2nd places (2s step up 11-12).
- 17-24 2s+1s turn (men RH, women LH), 1s+3s turn (men LH, women RH).
- 25-32 2s+1s+3s dance mirror reels of 3 on sides with 1s out/up, 2s in/down to start (2nd time through, the 1s continue the reel into 4th place).

BRIDGE OF NAIRN (S8x32) 3C (4C set)

Robert Bremner RSCDS Book 13

- 1- 8 1s cast below 3s & lead up to top, cross & cast to meet partner facing 2W (2s step up 7-8).
- 9-16 1s set to 2W, 3M, 3W then 2M & turn to face 1st corners.
- 17-24 1s turn 1st corner RH, partner LH, 2nd corner RH & partner LH ending in 2nd place opposite sides in the order 2 (1) 3.
- 25-32 2s+1s+3s Adv+Ret & 1s turn with 2H 1.1/2 times to end 2 1 3.

TRIP TO TIMBER RIDGE (R8x32) 3C (4C set)

Linda Henderson RSCDS Book 52

- 1- 8 1s turn RH, cast (2s step up) then 1L+2s & 1M+3s dance RH across. 1s end facing 1st corners.
- 9-16 1s dance corner pass+turn with 1st corners, pass RSh & repeat with 2nd corners. 1s pull back RSh to end BtoB in centre facing opposite sides.
- 17-24 2s+1s+3s dance double triangles. On bars 23-24, 1s petronella turn to 2nd place own sides.
- 25-32 2s+1s+3s circle 6H round and back.

Short Interval

2026 WEST END WORKSHOP TEA DANCE

AILEEN'S REEL (R8x32) 3C (4C set)

Roy Goldring 14 Social Dances

- 1- 8 1s cross RH, 1W+2M also 1M+2L change LH on sides, 1M followed by partner casts up & dances down middle to 1M between 3s & 1W between 2s.
9-16 2s+1s+3s dance down the middle & back.
17-24 1W followed by partner casts 1 place (to men's side), crosses to own side & 1s turn LH (4 bars) ready for...
25-32 1s dance RH across (1W with 2s & 1M with 3s) & pass RSh for LH across with other couple to end 2 1 3.

NAPIER'S INDEX (J8x40) 3C (4C Set)

Brian Charlton RSCDS Book 45

- 1- 8 1s set & cast 1 place, turn LH 1.1/4 times to end in balance-in-line position between 1st corner
9-16 1s+1st corners balance-in-line & turn corners RH (4 bars) to Bal-in-Line again with 1st corners
17-24 1s dance reel of 3 on sides (LSh to 2nd corner) & end diagonally between 2nd corners.
25-32 1s+2nd corners Bal-in-Line & turn corners RH (4 bars), Balance-in-line again with 2nd corners
33-40 1s dance reels of 3 across (LSh to 3rd corners) & cross RH to 2nd places.

NEIDPATH CASTLE (S3x32) 3C set

Derek Haynes RSCDS Book 22

- 1- 8 All set & turn partners 2H twice & set again.
9-16 All dance grand chain.
17-24 1s dance down between 2s, cast behind 3s, dance up between 3s, cast up behind 2s. 1s+2s end ready for a 1/2 strathspey poussette.
25-32 1s+2s dance 1/2 strathspey poussette, 3s dance in on bar 28 & 1s+3s dance 1/2 strathspey poussette, 1s ending in 3rd place, order 2 3 1.

THE DE'IL AMANG THE TAILORS (R8x32) 3C (4C set)

RSCDS Book 14

- 1- 8 1s+2s set & dance RH across 1/2 way, set & dance LH across 1/2 way back to place.
9-16 1s lead down the middle & up to top.
17-24 1s+2s dance allemande.
25-32 2s+1s+3s circle 6H round & back.